

*Joliet Area  
Association for the  
Education of Young Children*



*16<sup>th</sup> Annual*

*"Limit Is the Sky!"*

*Child Care Mini-Conference*

*Saturday, March 10, 2012*

*Joliet Junior College*



## *16<sup>th</sup> Annual "Limit Is the Sky" Conference Schedule*

7:00-8:00A	Registration & Continental Breakfast Visit our Sponsors & Exhibitors!
8:00-8:45A	Meet in Theatre, Welcome, Special Announcements, & Awards
8:45-10:00A	Morning Keynote: Kerri Nolan
10:00-10:30A	Break Visit our Sponsors & Exhibitors!
10:30A-12:45P	Breakout Sessions
1:00P	Evaluations & Door Prizes

*For more information on Joliet Area AEYC's  
Upcoming Events, go online to  
[www.JAAEYC.org](http://www.JAAEYC.org)*

# Keynote

## “Potpourri of Music” with Kerri Nolan

Sing and move!! Miss Kerri will have you movin' with the music. Increase the fun factor with her playful, creative examples for using music, rhythm, and props. Collect bright ideas for making your music plans. Acquire key music facts to pass on. Come, Sing, Move, and Learn during this musical potpourri.



*About the Presenter: Kerri L. Nolan has presented numerous workshops, concerts and keynotes to help early childhood providers really get a better understanding of how to incorporate music and feel comfortable as they engage children in their classrooms. Kerri has her Master's in Early Childhood Education, and continues her training in music to give the most up to date information on music. Kerri says, "Music is a passion of mine and I love sharing it with children, parents, and teachers!"*



## *Featured Breakout Sessions*

### ***“Move Your Boogie Body” with Tamara Notter***

There is so much talk about childhood obesity and the lack of physical activity that children are currently experiencing. What should we do about it? Let children get up and move! Come learn a variety of activities and strategies to get children moving. Be prepared to move, dress comfortably. Ideas will be shared to use with toddlers through school-age programming. Tamara will use her experience as an ACE (American Council on Exercise) Certified Group Fitness Instructor to present this training.

### ***“Are You Lost in the Missing Zone? Become a more organized you with the Gateways Registry” with Mark Obuchowski***

The Missing Zone- where training certificates and transcripts seem to disappear! Don't spend hours keeping track of your professional development achievements. The Gateways Registry offers you a one stop location for ALL your professional development and educational attainments. Learn how to access your own Professional Development Record (PDR) on line whenever you need it. PLUS, learn how to use your PDR to help you set a professional development plan.

### ***“Multicultural Make & Taste” with Linda Braam***

A hands-on, interactive workshop that provides cross curricular teaching strategies and activities to allow children to explore cultural diversity. Find out how ethnic foods fit in the MyPyramid food groups. Make and taste new recipes from around the world and walk away with lesson ideas that intertwine culture and nutrition. Class size is limited - please register early!

### ***“Creating Healthy Indoor Environments for Children”***

***with Jack Barnette***

In the last several years, a growing body of scientific evidence has indicated that the air within homes and other buildings can be more seriously polluted than the outdoor air in even the largest and most industrialized cities. Other research indicates that children spend approximately 90 percent of their time indoors. Thus, for many people, the risks to health may be greater due to exposure to air pollution indoors than outdoors. Indoor air problems can be identified and fixed. This talk will present ideas and practical solutions to many indoor environmental concerns.

# Breakout Sessions

*Summertime Activities* with Sherry Ann Wolfer

*Creative Art* with Sherry Ann Wolfer

*Language & Literacy for Infants & Toddlers*  
with Rebecca Kroiss

*Trabajando Juntos: Enseñando a los niños como  
solucionar problemas (Let's Work It Out! Teaching Problem  
Solving to Preschoolers)* with Cynthia Cabrera & Fabiola Perez

*Environmental Experiences in Early Childhood with  
Project Learning Tree* with Sarah Livesay & Lara Darling

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## *Special Announcements*

Please note: **Pre-registration for breakout sessions is available online only.** All breakouts are on a first-come, first-served basis with most popular workshops repeated. Attendees are encouraged to have a 'backup' chosen if their first choice is full. **Please register early and online as workshops may fill up quickly.** Registering by mail will not guarantee breakout sessions; those registering by mail will choose their breakout sessions the morning of the conference regardless of how early registration form is received.

Planning your day at "Limit Is the Sky!" is easy! Choose your breakout sessions online or on the day of the conference, see the registration desk to sign up for open sessions. **There is no confirmation available for this conference.**



*by Kerri Nolan*  
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# Upcoming Events

## **“Special Care Training” with Tamara Notter**

Saturday, March 3, 2012, 8:00AM-4:30PM at Rasmussen College in Romeoville Register by calling Tamara Notter 815-741-1163 ext. 226

## **Joliet Area AEYC Recognition Night**

### **“Words to Affirm, Guide, Support, & Inspire”**

**with Mary Wonderlick!**

Friday, April 13, 2012, 6:00-9:00PM at Joliet Junior College Main Campus, Campus Center Building A, Rm. A-1002

3 Contact Hours

Cost: \$20 Members & Students; \$25 Non-Members

Dinner\* included. Please register online at JAAEYC.org

*\*Meatless option available.*

## **Week Of the Young Child Kick-Off Event**

Sunday, April 22, 2012, 8:30AM-12:30PM at Joliet Park District, 3000 West Jefferson in Joliet.

More information coming soon. Please save the date!

## **“Stewards of Children”**

Tuesday, April 24, 2012, 6:00-8:30PM & a repeat training on Wednesday, April 25, 2012, 9:30AM-12:00PM at Rasmussen College in Romeoville. Register by calling Tamara Notter 815-741-1163 ext. 226

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## **Caravan to Creativity**

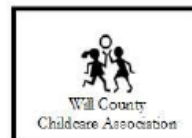
Saturday, May 5, 2012, 8:30AM-12:30PM

The caravan will be meeting to carpool at 8:10AM. Locations to be announced.

Cost: FREE for JAAEYC & WCCA Members; otherwise \$10/person

4 Contact Hours

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*Special Thanks to the Sponsors of  
"Limit Is the Sky!"*



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